

The Cosmic Cycle of Creation – In a Nutshell

Richard Gauthier

Abstract

The evolution of unexpressed infinite Supreme Consciousness to Cosmic Mind and then to matter, individual living beings, human beings with developed minds, and back to infinite Supreme Consciousness is described elegantly in Shrii Shrii Anandamurti's Cosmic Cycle of Creation. The following is a very brief summary of the main aspects of this cycle, to encourage the reader to look deeper into his original discourses on this topic. -- Richard Gauthier, St. George, Utah., USA.

Shrii Shrii Ananamurti's philosophy of the Cosmic Cycle of Creation or Brahmachakra (Circle of God), starts with the infinite Supreme Consciousness (Shiva or Purusha), which is non-qualified and expressionless but has infinite creative power in potentiality (Shakti or Prakriti). When non-qualified Supreme Consciousness partly expresses itself in the state of qualified Supreme Consciousness, it gives itself attributes using its creative power, and the Cosmic Mind is created. The more attributes Consciousness gives itself, the more its expressions move from subtler expressions (more mind-like) to cruder expressions (more matter-like). All these expressions or qualifications of the Supreme Consciousness occur within the Cosmic Mind, including the crudest solid physical matter. The flow of creation and expression of attributes from unexpressed Supreme Consciousness to highly-crudified Consciousness is the extroversial phase of the Cosmic Cycle of Creation (from One to many.)

Individual lives and minds are evolved from highly-crudified Consciousness at the stage of the crudest expression of qualified Consciousness. If the physical environment is congenial for the formation of living beings (such as on the surface of a planet), a stable coordinating nucleus is formed around a combination of physical materials, forming a primordial physical body. Physical energies become coordinated within this physical body, and a living being evolves with an individual mind. Consciousness is becoming less crudified here, and some of the physical matter in the physical body is transformed into a more subtle expression of Consciousness to become the individual mind associated with that physical body. It is still all Consciousness, whether expressed as a physical body or an individual mind, just expressing different qualities. This formation of individual minds is the beginning stage of the introversial phase (many to One) in the Cosmic Cycle of Creation. Over time and many lifetimes, primordial living beings evolve into more highly-structured living beings with their inter-coordinated minds and bodies. The individual soul or self of a living being is the reflection or close association of infinite Consciousness with the evolving individual mind. The minds of living beings, and their bodies, evolve into greater subtlety. Human beings with evolved minds and free will (freedom to make conscious choices) are evolved. Human societies evolve and free will increases in more-developed human beings. Human beings become freer to control their continued mental and spiritual evolution. As a result of performing spiritual practices like meditation, developed human beings finally and permanently merge their minds into non-qualified infinite Supreme Consciousness, from which they originally evolved. This completes the Cosmic Cycle of Creation for an individual living being. The Supreme Consciousness, out of its infinite love for its created beings, continues evolving infinite microcosms that continue to move through this cosmic evolutionary cycle, which is grounded in infinite love. All living beings, like us, are playing various roles in great Cosmic Drama.

For further reading

By Shrii Shrii Anandamurti (Prabhat Rainjan Sarkar),

Ananda Sutram, <https://anandamargabooks.com/books/ananda-sutram>

Idea and Ideology, <https://anandamargabooks.com/books/idea-and-ideology>

Ananda Marga Elementary Philosophy, <https://anandamargabooks.com/books/am-elementary-philosophy>, and at my website <https://richardgauthier.academia.edu/research>.