

# **The Cosmic Cycle: A New Scientific Paradigm for Consciousness, Cosmology and Creative Evolution**

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## **Abstract**

A cosmic evolutionary cycle from unexpressed infinite Supreme Consciousness to Cosmic Mind and then to matter, individual living beings, human beings with developed minds, and back to infinite Supreme Consciousness is described in Prabhat Ranjan Sarkar's Cosmic Cycle. The Cosmic Cycle can become the accepted post-materialist, consciousness-first scientific paradigm. The following is a very brief summary of the main aspects of the Cosmic Cycle. -- Richard Gauthier, St. George, Utah., USA.

Prabhat Ranjan Sarkar's philosophy of the Cosmic Cycle starts by postulating an infinite Supreme Consciousness, which is non-qualified and expressionless but has infinite creative power in potentiality. When non-qualified Supreme Consciousness partly expresses itself in the state of qualified Supreme Consciousness, it gives itself attributes using its infinite creative power, and the infinite Cosmic Mind is created. The more attributes Consciousness gives itself, the more its expressions move from subtler expressions (more mind-like) to cruder expressions (more matter-like). All these expressions or qualifications of the Supreme Consciousness occur within the Cosmic Mind, including the crudest solid physical matter. The flow of creation and expression of attributes from unexpressed Supreme Consciousness to highly-crudified Consciousness is the extroversial phase of the Cosmic Cycle (from One to many.)

Individual lives and minds are evolved from highly-crudified Consciousness at the stage of the crudest expression of qualified Consciousness, which is solid matter. If the physical environment is congenial for the formation of living beings (such as on the surface of a planet), a stable coordinating nucleus is formed around a combination of physical materials, forming a primordial physical body. Physical energies become coordinated within this physical body, and a living being evolves with an individual mind. Consciousness becomes less crudified here, and some of the physical matter in the physical body is transformed into a more subtle expression of Consciousness to become the individual mind associated with that physical body. It is still all Consciousness, whether expressed as a physical body or an individual mind, only the expressed qualities of Consciousness are different.

The evolution of individual minds is the beginning stage of the introversial phase (many to One) of the Cosmic Cycle. Over time and many lifetimes, primordial living beings evolve into more highly-structured living beings with their inter-coordinated minds and bodies. An individual soul or self of a living being is the reflection or close association of infinite Consciousness with an evolving individual mind. The minds of living beings, and their bodies, evolve into greater subtlety. Human beings with evolved minds and free will (freedom to make conscious choices) are evolved and form societies that also evolve. Human beings become freer to control their continued mental and spiritual evolution. As a result of performing spiritual practices like meditation, developed human beings finally and permanently merge their minds into non-qualified infinite Supreme Consciousness, from which they originally evolved. This completes the Cosmic Cycle for an individual living being. The Supreme Consciousness, out of its infinite love for its created beings, continues evolving living being that continue to move through this cosmic evolutionary cycle, which is grounded in infinite love. All living beings, like us, are playing various roles in a great Cosmic drama.

For further information about the Cosmic Cycle by Prabhat Rainjan Sarkar, please see  
*Ananda Sutram*, <https://anandamargabooks.com/books/ananda-sutram>  
*Idea and Ideology*, <https://anandamargabooks.com/books/idea-and-ideology>  
*Ananda Marga Elementary Philosophy*, <https://anandamargabooks.com/books/am-elementary-philosophy> , and at my website <https://richardgauthier.academia.edu/research> .

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